



## Every Day Parenting

Don't Tell Me What to do,  
Just Give Me Money!

Dr. Maria Montessori (1870 - 1952) described a child's mind from birth to six years of age as the "absorbent mind."

A child develops intelligence as well as physical and psychological abilities through these stages.

## Children Development of Self

The most important years of a child's growth is the first six years, because this is when their unconscious learning is gradually brought to the conscious level.

### The Five Things That a Parent should not do...

DON'T compare your child

DON'T appear dissatisfied with your children.

DON'T embarrass your children.

DON'T be overprotective.

DON'T fight or appear disgruntled all the time to your children.



## Everything we do is about "CHOICE".

Teens think they have none when it comes to parents.

Parents have the choice to guide, support, and encourage; not dictate all of the choices for children.

1. Focus or NOT focus on the things that are really important.
2. Waste energy on things that isn't important.
3. Establishing what really matters most i.e. the relationship you build with each other.
4. Raising children who become capable of transitioning successfully into adulthood
5. Allowing your children to make some decisions while at home.
6. Changing one behavior at a time to impact or tackle other challenges.

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## Communication is important!

- Children learn how to communicate by watching their parents.

- Learn how to really listen - effectively communicating with your children represents to them, an act of respect.

- Ineffective or negative communication may lead to children believing that they are unimportant, unheard, or misunderstood.

### The Relationship Accounts

- To have a good relationship one person must be willing to deposit into another before making withdrawals on a regular basis.

- Self-efficacy and self-esteem is built based on trust, honesty, and commitment in relationships.

### Parent by example!

#### Being an Effective Parent

Help guide, protect, and develop your child by...

- Listening and being supportive
- Providing non-judgmental support

- Providing guidance on issues raised
- Clarifying goals
- Passing on knowledge and experience



## SMART PARENTING

Your influence on your young teen is enormously IMPORTANT.

It is important to understand the rebellious, wild teen continually at odds with everyone, mom, dad, teachers, peers, and everyone perceived to not understand them.



To understand your child, think back on your own

teen years. NOT in judgment of the mistakes you made, BUT how you felt when you had CONTROLLING parents.

## Parental Responsibilities

It is important that every parent chant the motto “Togetherness” or “We’ll come out of it — together!” Become involved and engage in their teen’s success.



1. Avoid common mistakes you make while trying to do the right thing for your kids
2. Stay calm when your kids are pushing your buttons
3. Remember the importance of empathy for your child

### Divorce and Parenting

Never influence your child to favor you over the other parent.

Never use your child as a bargaining tool to get money – this is a form of extortion.

Don’t allow your overly possessive or jealous nature to make you pit your child against the other parent.



### From Innocence to Entitlement

- Entitlement comes about not because a child gets what is needed, rather always getting everything they want.

- Entitlement is a behavior that is driven from a low-frustration tolerance with the idea that one should never be frustrated, life should be easy.

### "Words will NEVER Hurt Me"

It is important to decide on whether you wish your words to HURT or HEAL your child. What did your WORD do today?

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